FAMILY MEDICATION LIST



Having the medical needs of you and your family members documented in advance of an emergency is incredibly important. When a natural disaster strikes, having this information readily available for medical practitioners is paramount for ensuring proper care.

We recommend filling out one of these lists for each member of your family. Be sure to include all of the pertinent details.

CURRENT MEDICATIONS				
Name of Medication	Contact For Prescribing Doctor	Condition Treated	Frequency and Dosage	

SUPPLEMENTS AND VITAMINS			
Name of Supplement	Reason for Taking	Frequency and Dosage	

ALLERGIES TO MEDICATIONS		
Name of Item	Type of Allergic Reaction	